

**CONNECTICUT STATE BOARD OF APPROVED BASEBALL
UMPIRES ASSOCIATION**

PITCHING LIMITATIONS: Rule 6-1-6: (p.40)

Each State Association Shall Have a Pitching Restriction-

The following rule is in effect for all regular season and CIAC Tournament play. All member schools must comply with this rule:

CIAC Pitching Rule:

The pitcher may not pitch more that (10) innings in any (3) consecutive calendar days. To determine the eligible number of outs that a pitcher may pitch on game day, total the number of outs pitched during the two previous calendar days and subtract from (30). (Ten innings are equal to 30 outs).

Penalty for CIAC Pitching Rule Violation: A pitcher violating this rule will be ejected for the remainder of the game in which the violation occurs as well as the next entire game. The pitcher ejected as a result of violating this rule is ejected as a player and may not participate in another position until the penalty is fully served.

NOTE: If the violation is discovered after the conclusion of the game, the pitcher is suspended for the next game following discovery. (CIAC must be notified immediately upon discovery.)

Administration of the CIAC Pitching Rule:

1. Coaches are required to list on the back of their lineup card the names of anyone who has pitched on the previous two calendar days followed by the number of outs that each player listed may pitch that day (REMAINING OUTS)
2. The umpire is to make sure that before the start of the game each coach is fully aware of this information.
3. Coaches are responsible for keeping track of the number of innings pitched in the game and removing the pitcher when (10) full innings (30 outs) have been reached.
4. The umpire is not responsible for keeping count of outs or innings pitched.
5. Disputes will be resolved at the game site by the umpire based upon the information listed on the lineup card and the official scorebook.

Rules:

1. Saturday and Sunday as well as Monday through Friday are calendar days.
2. Suspended games are dealt with on the DAY OF CONTINUATION.
3. If a double or triple play causes a pitcher to go beyond his out limit, there is no penalty, but he must be removed (AS PITCHER) immediately.